

Seasons **Union** Catering

Office - 617-333-4334
Cell - 617-719-7568
Sheila@SeasonsofBoston.com

MENU

HORS D'OEUVRES

Price is \$2 per piece unless otherwise noted

Chicken Quesadilla with Chipotle Cream
Chicken Satay with Peanut Sauce
Lemon Oregano Chicken with Tzatziki
Honey Sesame Chicken
Crispy Chicken with Honey Mustard Sauce
Chicken Cordon Bleu Fritters
Buffalo Style Chicken Fingers with Bleu Cheese Ranch
Coconut Chicken Skewers with Spicy Pineapple Sauce

Beef Crostini with Roasted Onion Marmalade
Beef & Portobello Brochette with Horseradish Cream – 2.50
Ham and Cheese Panini Bite
Beef Spring Rolls with pepper and onions
Roast Beef with Horseradish on Mini Roll
Sausage Stuffed Mushrooms
Pigs in a Blanket
Potato Skins with Bacon, Cheese and Sour Cream
Beef Quesadilla with Pepperjack

Crab Cakes with Remoulade - \$2.25
Scallops wrapped in Maple Cured Bacon - \$2.25
Coconut Shrimp with Spicy Pineapple Sauce - \$2.50
Traditional Poached Shrimp with Spicy Cocktail Sauce - \$2.50
Lobster Quesadilla - \$2.25

Vegetarian Spring Rolls with Sweet and Spicy Asian Sauce
Stuffed Mushrooms (vegetarian)
Spanikopia
New Potatoes with Butternut Squash & Maple
Mac and Cheese Bites
Vegetarian Quesadillas
Avocado Cream in a Tortilla Cup

*Prices include paper products, chaffing dishes, delivery and set-up.
All items are subject to an 20% Service Charge & 7% Tax
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STATIONARY DISPLAYS

International Cheese Board - \$4.50 per person

Featuring domestic and imported cheeses served with assorted crackers, crostini & French bread with fresh vegetable crudite

Fresh Fruit Display with low-fat yogurt dip - \$4.00 per person

Garden Crudités with hummus or onion dip - \$2.95 per person

Guacamole, Salsa and Cilantro Cream with tortilla chips - \$4.00 per person

Hummus with Pita Chips - \$3.00 per person

Antipasto - \$9.50 per person

Prosciutto, Salami, Mortadella, Genoa, Marinated Olives, Artichoke Hearts, Mushrooms and Roasted Red Peppers. Accompanied by fresh baked Italian Bread, Grilled Focaccia and Breadsticks.

Mini Pizza Display - \$4.50 per person

Assortment of our delicious Mini Focaccia pizzas to include cheese, chicken ranch, grilled vegetable and pepperoni – or create your own selection.

Vegetarian Antipasto Display - \$5.50 per person

Grilled Vegetables, Marinated Artichokes, Tomato, Basil & Fresh Mozzarella, roasted red and yellow peppers – Accompanied by garlic toasts, Italian Bread and focaccia crisps.

Mediterranean - \$5.50 per person

Roasted garlic hummus, tabbouleh, roasted red peppers, marinated artichokes, assorted olives accompanied by pita bread, grilled focaccia and pita chips

Bruschetta Display - \$5.50 per person

Diced tomatoes with fresh herbs and olive oil, fresh mozzarella, white bean spread, roasted red and yellow peppers – Accompanied by garlic toasts and focaccia crisps.

Meatballs - \$5.50 per person

Your choice of Italian, Swedish or Sweet and Sour served with mini rolls

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BREAKFAST:

CONTINENTAL BREAKFAST - \$8.00

Assorted Danish and Tea Breads
Fresh Baked Muffins and Bagels
Accompanied by an assortment of preserves and marmalade, butter and cream cheese
Fresh Fruit Salad
Orange Juice and Coffee, Decaffeinated Coffee and Tea

HEALTHY START - \$8.00

A Selection of Individually boxed cereals and granola
Fruit Kebobs with Low Fat Yogurt Dip
Assorted Juices to include Orange, Cranberry and Vegetable
Coffee, Decaffeinated Coffee and Tea

KICK START -\$12.95

Scrambled Eggs with Fresh Herbs
Home Fries with sautéed onions
Maple Cured Bacon or Sausage
Assorted Bagels
With cream cheese and fruit preserves
Orange Juice and Coffee, Decaffeinated Coffee and Tea

Add Fresh Fruit Salad – Add \$3 per person

ADDITIONAL HOT BREAKFAST OPTIONS:

Assorted Quiche – Broccoli and Cheddar, Lorraine, Sausage and Smoked Gouda, Mushroom, Grilled Vegetable - \$3.50 per person

Double Cinnamon French Toast - \$4.50 per person

Breakfast Sandwiches on your choice of Croissants, Bagels or English Muffins -\$4.50

Yogurt Parfait with strawberries and granola- \$4.50 per person

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LUNCH

LUNCH ROOM SANDWICH BUFFET

Assorted Sandwiches on Bulkie Rolls and Pullman Bread:

Chicken Salad Sandwich
Fresh Tuna Salad with tomato and lettuce
Roast Beef
Turkey and Provolone
Ham and Cheese
Vegetarian Wrap with Hummus, Romaine, Cucumber and Tomato

Assorted Individual Bags of Chips
Cookies and Brownies, Assorted Soda and Water
\$10.50 per person

Executive Sandwich Buffet

Assorted Sandwiches:

Grilled Chicken with Fresh Mozzarella, Pesto and Tomato
Fresh Tuna Salad with tomato and lettuce
Roast Beef with Herbed Cheese
Turkey Club
Ham and Cheese
Grilled Vegetable and Hummus

Choice of Garden Salad or Caesar Salad
Assorted Mini Pastries, Assorted Soda and Water
\$12.95

IT'S NOT JUST A DELI PLATTER LUNCH BUFFET

Marinated and Grilled Chicken Breast
Honey Glazed Ham, Roasted Turkey Breast
Traditional Chicken Salad, Roast Beef, Tuna Salad
American, Provolone and Swiss Cheeses
Accompanied by Grilled Vegetables, tomatoes and Breads & Rolls.

Choice of Garden or Caesar Salad
Assorted Individual Bags of Chips
Cookies and Brownies, Assorted Soda and Water
\$12.95 per person

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HOT PANINI AND WRAP ASSORTEMENT

An assortment of our grilled panini's and wraps – a selection from the following; Roast Beef with Cheddar, Thanksgiving Wrap, Chicken Ranch with Bacon, Asian Chicken with Rice, Steak and Cheese, Ham and Cheese with Honey Mustard, Grilled Vegetable with Goat Cheese

Choice of Garden or Caesar Salad
Assorted Individual Bags of Chips
Cookies and Brownies
Assorted Soda and Water
\$12.50 per person

COLD SIDE SALADS

Caesar Salad – fresh romaine, shaved parmesan and croutons with Caesar dressing - \$4
Spinach Salad with strawberries and goat cheese with balsamic vinaigrette. - \$4.50 pp
Garden Salad with tomatoes, cucumbers and carrots - \$3.50 pp
Greek Salad with Feta and Olives - \$3.50 pp

Pasta Salad with Olives, Cucumbers, Tomatoes and Feta - \$3.50 pp
Penne with tomatoes, basil and mozzarella in a zesty Italian dressing. - \$3.50 pp
Traditional Potato Salad - \$3.50 per person
Cole Slaw - \$3.00 per person
Grilled Vegetables - \$3.50 per person

SOUPS

Fish Chowder - \$4.50 per person
Lobster Bisque - \$5.00 per person
New England Clam Chowder - \$4.50 per person
Mushroom Bisque - \$3.50 per person
Chili - \$5.50 per person
Chicken Noodle - \$3.50 per person
Minestrone - \$3.50 per person
French Onion - \$3.50 per person
Split Pea Soup - \$3.50 per person
Gazpacho - \$3.50 per person

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FAVORITE HOT LUNCH BUFFETS:

Chicken, Ziti and Broccoli Spaghetti and Meatballs

Caesar Salad with homemade croutons and shaved parmesan
Assorted Breads and Rolls with Butter
Cookies and Brownies
Soda and Water
\$14.95

Italian Sausage, Peppers and Onions Stuffed Shells

Caesar Salad with homemade croutons and shaved parmesan
Assorted Breads and Rolls with Butter
Cookies and Brownies
Soda and Water
\$13.95

Beef Lasagna Chicken Alfredo Lasagna

Garden Salad
Breads and Rolls
Cookies and Brownies
Soda and Water
\$13.95 per person

Chicken Pot Pie Shepherd's Pie

Garden Salad
Cookies and Brownies
Soda and Water
\$14.95

Barbecue Chicken (Bone in) Macaroni and Cheese

Cornbread and Rolls
Garden Salad
Cookies and Brownies
Soda and Water
\$14.95

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DINNER BUFFETS

(price includes choice potato or rice, vegetable, dessert and coffee)

Cornbread Stuffed Chicken - \$23
Chicken Marsala with Mushrooms - \$23
Roast Turkey with Stuffing - \$23
Grilled Chicken Breast Stuffed with Spinach & Feta - \$23

Roast Beef with Gravy - \$26
Marinated Steak Tips - \$26
Prime Rib with Red Wine Sauce - \$33
Tenderloin with Peppercorn Sauce - \$34

Blackened Salmon with Corn Salsa - \$28
Bread Crumb Crusted Cod - \$29
Tilapia with Mustard Chive Sauce - \$27

Roast Beef & Chicken Combination - \$28
Roast Beef & Roast Turkey Combination - \$28
Roast Beef & Baked Stuffed Shrimp - \$35

Potato/Pasta/Rice

Choose one:

Oven Roasted Potatoes
Real Mashed Potatoes
Red Bliss Garlic Mashed Potatoes
Rosemary Roasted Potatoes
Baked Potato with Sour Cream
Scalloped Potatoes – add \$1.50 per person
Rice Pilaf
Penne with Marinara or Alfredo

Salad

Choose one:

Garden Salad
Caesar Salad
Mixed Greens with Craisins & Goat Cheese

Enhanced Dessert:

Additional desserts available – add \$2.00
Boston Cream Pie, Cheesecake, Chocolate Torte, Carrot Cake and Ice Cream Pie

Vegetable

Choose one:

Green Beans with Cherry Tomatoes
Zucchini & Summer Squash with Garlic
Lightly Curried Roasted Carrots
Oven Roasted Carrots
Sautéed Corn with Red Peppers
Broccoli with Cheese Sauce
Butternut Squash (Mashed or Roasted)

Dessert

Choose one:

Ice Cream with Chocolate Sauce
Mini Cookies, Brownies & Pastries
Strawberry Shortcake

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